

April 16th 2010

Parkour or pool?

Organisers of a new project that gives teenagers an evening meeting venue in Sudbury are urging more youngsters to come along and take part.

The Hub, which is aiming to be an exciting new hotspot for young people, is being run every Friday night, during term time, from 7pm until 9pm at the Sudbury Upper School's Sports and Arts Centre.

The venue will feature a soft drinks bar, the opportunity to try out new sports and activities – such as Free Running (Parkour) or DJing. Even the less adventurous are being catered for with Wii consoles on hand or a chill-out zone in bar where youngsters can play pool, chat with friends or just relax.

The Hub is a new project set up by Babergh District Council's Be Active service, working in partnership with Sudbury Upper School and the Sudbury Sports Centre.

Stephanie Lloyd, Community Development Officer (Leisure) said: "The Hub offers a safe place for young people to come and meet on a Friday evening and it also gives them a chance to try things they might have tried before or might not have to the means to do elsewhere.

"We'd love more teenagers to come along and see what it has to offer."

The next session is April 23rd and entry is free, with the first 25 through the door receiving a free soft drink from The Hub bar.

DJ Justin Carter, from the Amplifier project, will be at the session offering one-to-one tuition using virtual DJ techniques. Street dancing classes, football, and a hard court area to play basketball on, are also part of the night's activities.

The Hub is also looking for parents and volunteers to help run it. For more information please contact Stephanie Lloyd at Babergh District Council on 01473 825834 or email Stephanie.lloyd@babergh.gov.uk ENDS

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