



Hadleigh: A new hub for foodies!

Passionate foodies are in for a treat when Hadleigh hosts its 'Grow it, Cook it, Eat it' festival later this year. Hadleigh Chamber of Commerce is in the process of organising the festival, which will take place in September, in the run-up to British Food Fortnight. The festival aims to promote the Hadleigh area, its retail outlets and food producers, increase awareness of how using local food benefits our area economically and environmentally and having a fun time with a subject everyone loves. Local food has been chosen because food either produced locally or sold in small local shops plays a large positive social role in our area.



The festival hopes to include cookery demonstrations using locally produced seasonal food from farmers and allotments, accompanied by wine or beer available from local resellers or brewers. The Chamber of Commerce has also started the application process for Hadleigh to become a Fair Trade Town, meaning that if it is not possible to buy locally, people should be encouraged to buy produce that has been fairly produced in environmental and ethical ways. Hadleigh residents and businesses are being invited to take part in both events. If you would like to help or have another great idea to add to our programme please email us at itsafantasticidea@grow-it-cook-it-eat-it.co.uk or visit our web site www.grow-it-cook-it-eat-it.co.uk

Here at Babergh District Council, we're not the only ones who think Babergh is great.

Latest tourism research has shown that Babergh received approximately 2,871,700 visits per year and that the industry is worth approx £153,185,000 in Babergh. Tourism is worth more than £1bn to the county as a whole.

Babergh is also part of the Suffolk Tourism Partnership (STP), which is still going from strength-to-strength, is in its fourth year, and now has 500 members across the county. The work of the partnership includes raising awareness, nationally and internationally, of Suffolk, undertaking marketing campaigns, training for tourism businesses, sustainable tourism projects, working with the arts and heritage sectors and website development for partners.

If you have a tourism or arts related business and would like to join the partnership, please contact the STP on 01473 406710 or

visit www.visit-suffolk.org.uk.

Karina Coghlin, Babergh's Tourism and Arts Manager, said: "Babergh is a wonderful area and everyone is catered for – from beautiful buildings and architecture to farms and unique shops.

"And don't forget all our Tourist Information Centres are fully open for the season.

"You can pop in to pick up information on events, book accommodation for anywhere in the country and, of course, take a look at our huge range of locally-made crafts and produce."

For more information on what Babergh has to offer, please visit our website: www.babergh.gov.uk.

A new South & Heart of Suffolk website is also about to be launched with details of all the tourist attractions in Babergh and Mid Suffolk, including information on accommodation and upcoming events, to name a few. For more information, please visit the website at: www.southandheartofsuffolk.org.uk

SUMMER EVENTS IN BABERGH 2008

8th June Sudbury Open Gardens - 11 am - 5pm

8th June Wild West Show, Delphi Sports Ground, Newton Road. 12 - 5pm - Tickets Adult £5/Con/£3/Family £14. Tel. Town Council - 01787-372331

8th June French Market, Lavenham - 9 - 4pm

15th June Start of Great Annual Recreation of Tudor Life, Kentwell Hall, Long Melford - various dates upto 6th July - check with Hall for details 01787-310207 www.kentwell.co.uk

21/22nd June Kentwell Hall Recreation - as above

22nd June Lavenham Open Gardens - 2 - 6pm - £4

28/29th June Kentwell Hall Recreation - as above

29th June Sudbury Farmers Market, Market Hill - 9.30am - 1pm

29th June Chelsworth Open Gardens, 2 - 6pm - £5 Adult

4/5th July Kentwell Hall Recreation - as June.

6th July Lavenham Sinfonia - concert - Lavenham Church - 7pm. Tickets from Lavenham TIC - 01787-248207

27th July Sudbury Farmers Market, Market Hill - 9.30 - 1pm

1/2nd Aug Kentwell Hall, Long Melford - WWII Recreation. 11 - 5pm - Tel.01787-310207 www.kentwell.co.uk

16th Aug Family BBQ & Picnic at Visitor Centre, Gt.Cornard. Tel.01787-313199 - www.riverstour.org

22/25th Aug Kentwell Hall, Long Melford - Bank Holiday Tudor Aug. Recreation - 11 - 6pm - Tel.01787-310207.

7th Sept Lavenham Sinfonia - concert - Lavenham Church. 7pm - tickets from Lavenham TIC - 01787-248207

27th Sept Illuminated Boat Procession in

Sudbury - procession from Friar's Meadow, Sudbury - Tel.01787-313199 www.riverstourtrust.org

Guided walks available around Lavenham, Long Melford, Sudbury, Hadleigh for groups. Tel 01787 248207 for info

NEW! Guided walks around Sudbury with a blue badge guide. Every last Thursday of the month until October. 11.30am cost £3

Regular guided walks with a blue badge guide around Lavenham on Saturday 2.30pm and Sundays 11am until October

Events organisers can send details of upcoming fairs, festivals or fetes to Sudbury TIC who will add them to our events list for free promotion, please call (01787) 881320 or email: sudburytic@babergh.gov.uk